

The Sequoyah State Park Trail System consists of ten hiking trails for beginners to intermediate level hikers. Three of our trails are paved for multipurpose use. A few of our trails are outlined below.

Located in the Paradise Cove area, **Eagles Roost Interpretive Trail** is a .68 mile loop that takes guests through a wooded area dotted with oak and hickory trees. This beautiful area has been a popular roosting area for bald eagles during the winter months.

The **Fossil Trail**, located south of the nature center, is 1.16 miles long but has shorter options along the way (1/4 along the lake), and showcases fossils formed between 280 million and 345 million years ago; including crinoid stems from marine animals, bivalvia molluscs and shark teeth.

The **Sequoyah Paved Trail** includes one trailhead at the entrance of Cherokee Campground and one located near the nature center parking lot. This trail is fully paved for easy walking and riding.

The **Fitness Trail** is paved and .64 miles long. It begins at the lodge and winds along the shore of Fort Gibson Lake. In addition to special areas designated for exercise, the trail also includes stations for designated yoga poses.

The **Whispering Pines Mountain Bike Trail** system is by far the longest trail in the park. Open from beginner to intermediate-level mountain bikers and hikers, this trail offers many entry points. Roughly three quarters of the trail is off road, while the rest is paved.

The **Deer Run Trail** has a trailhead by the park office and across from the Eagle roost trail. This trail is great for mountain biking and catching a glimpse of our deer herd. Total distance, 1.29 miles. Trail type: down and back.

The **Scissortail Paved Trail** is our shortest trail. This loop trail is great for younger children and leisurely walks.

PLEASE FOLLOW THESE GUIDELINES

KNOW YOUR ABILITIES:

- Use the trail map to plan the distance and route of your ride or hike.

WEAR PROTECTIVE CLOTHING

- Wearing a helmet, knee and elbow pads, and long pants are recommended.

BE KIND TO THE TRAIL & YOURSELF

- **ALWAYS** stay on the trail or designated park road.
- Do not litter—carry out what you carry in!
- If riding the entire trail, TAKE WATER.
- Apply insect repellent before starting

Sequoyah State Park

Hiking & Biking



Trail System Map



Oklahoma State Parks
Sequoyah State Park
Hwy 51 - 8 miles E of Wagoner
17131 Park 10, Hulbert OK 74441
918-772-2046 Travelok.com